



## Mental Wellness Student Support Program

The **keep.meSAFE** by **guard.me** Mental Wellness Student Support Program integrates with an institutions' Mental Health and Wellness Strategies to provide robust solutions-focused multilingual support for students 24/7/365 to help them deal with any school, health, or general life concern.

Through the use of the My SSP app, students also have access to a wide variety of self-help resources across multiple languages, including articles, videos and assessment tools.

The program also offers different referral pathways for students to access counselling, consultative support for staff and faculty, community outreach, and on-site trauma support.

**keep.meSAFE** works collaboratively with the institution to bridge some of the barriers that may exist for students when it comes to reaching out for support, and is committed to building strong partnerships that benefit student mental wellness across campus.

86%

Of students say they have never sought support anywhere else prior to reaching out to **keep.meSAFE**.

60%

Of students seeking immediate 24/7 support are connecting with our counsellors via chat.

SUPPORT FOR STUDENTS ANYTIME, ANYWHERE.

*If this is an emergency, please call 911 immediately.*

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## Program Features



Full integration with school policies, procedures, and on-campus resources.



Real-time and appointment-based support available to students 24/7 anywhere in the world.



Students have access to a wide variety of self-help resources through the free My SSP app.



Students can access multilingual support from our diverse clinical network.



Direct referral channels into the keep.meSAFE Program.



Regular reporting that summarizes student engagement with the program.